



## Total Joint Class... *getting you ready for surgery*

The Total Joint Class is designed to help the patient get ready for surgery, from the moment the doctor writes the order until you leave the hospital.

This class will cover the following topics:

- What is the pre-admission process?
- What are Advanced Directives?
- How to get handicapped parking for your recovery period?
- What medications need to be taken the morning of surgery?
- How to prepare for the meeting with the anesthesiologist?
- What are the choices in anesthesia?
- What is the Post Anesthesia Care Unit (PACU)?
- What to expect during your hospital stay including nutritional needs, pain management, healing services?
- How to prepare for discharge? What home health and physical therapy will be needed?

Our goal is to have each patient be an active member of the healthcare team. We want you to fully understand the preoperative, operative, and post-operative process of total joint replacement surgery. This class will provide you with important information on the surgical and recovery process. It will help you prepare for your surgery.

The healthcare team at Longmont United Hospital knows that you are vital to the success of your surgery. We are partners in achieving good results.

### Location

The Gallery  
Longmont United Hospital  
1950 Mountain View Avenue  
Longmont, CO 80501

[Click here to Register](#)  
OR call 303.485.4184

1st and 2nd Tues of the month