





# LET'S GET MOVING! OPTIONS IN COPING WITH ARTHRITIS AND JOINT PAIN

6:00 - 7:00 p.m., Longmont United Hospital

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| <b>Spine and Neck Pain Mini Series (Feb. 24- Mar. 18)</b>  | Feb. 24 |
| <b>Hip and Knee Arthritis: Advanced Treatment Options.</b><br>Minimally invasive, computer-assisted hip and knee replacement,<br>Partial knee resurfacing  | Mar. 24 |
| <b>Foot, Ankle: Managing disorders related to injuries, arthritis, diabetes.</b>   | Apr. 28 |
| <b>Finger, Hand, Wrist: Arthritis, Carpal Tunnel Syndrome.</b> Learn about<br>new innovations in treatment including arthroscopy and replacement.  | May 26  |
| <b>The Shoulder: New and innovative options to treat your shoulder pain</b><br>Non-Surgical Solutions, Arthroscopy, Joint Resurfacing, Total Joint<br>Replacement, Reverse Ball and Socket Replacement | June 23 |

*Series presented by board certified and fellowship trained orthopedic surgeons:  
William Cooney, MD, Matthew Gerlach, MD, E. Mark Hammerberg, MD,  
Timothy J. Pater, MD, Greg Koldenhoven, MD*

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